



# MEALS ON WHEELS Menu #1 December 2024


Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.  
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal\*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center &

Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/2	12/3	12/4	12/5	12/6
Bacon Potato & Corn Chowder Cheese Sandwich Tossed Salad Fruit	Spaghetti W/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit	Chicken Teriyaki Fried Rice Vegetables Cucumber, Tomato & Onion Salad Fruit	Cheese Ravioli Vegetables Cucumbers Wheat Bread Fruit	Sloppy Joe Vegetables Coleslaw Peaches & Cottage Cheese
12/9	12/10	12/11	12/12	12/13
Pork W/ Green Peppers & Mushrooms Mashed Potatoes Wheat Bread Fruit	Beef Hamburger Soup Carrot Raisin Salad Cornbread Fruit	Meatloaf Mashed Potatoes w/Gravy Vegetables Dinner Roll Fruit	Club Sandwich (Turkey/Bacon/Cheese)s Cucumbers Wheat Bread Fruit	<b>CLOSED</b> <b>STAFF TRAINING</b>
12/16	12/17	12/18	12/19	12/20
Beef & Broccoli Diced Carrots Rice Wheat Bread Fruit	BBQ Chicken Baked Beans Coleslaw Cornbread Fruit	Baked Ziti w/Sausage Crumbles Vegetable Tossed Salad Wheat Bread Fruit	White Bean Chili Vegetables Tossed Salad Cornbread Peaches & Cottage Cheese	Cheeseburger Lettuce, Tomato & Onions JoJos Fruit
12/23	12/24	12/25	12/26	12/27
Meatball Marinara Sub Vegetables Tossed Salad Fruit	Roast Beef Mashed Potatoes w/Gravy Green Beans Dinner Roll Fruit Apple Pie		Creamy Chicken & Mushrooms Mashed Potatoes Vegetable Dinner Roll Fruit	Navy Bean & Ham Soup Tossed Salad Wheat Bread Fruit
12/30	12/31			
Sweet & Sour Pineapple Meatballs Rice Vegetables Tossed Salad Fruit	Chicken w/ Gravy Mashed Potatoes Vegetables Dinner Roll Fruit			

All meals are served with margarine and 1% milk; menu substitutions can occur at times. \*Speak with the site manager for eligibility.



# MEALS ON WHEELS Menu #2 December 2024


Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.  
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Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center &

Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/2 Chicken Fajitas Tossed Salad Tortillas Fruit	12/3 Pork Tamales Vegetable Tossed Salad Fruit	12/4 Beef Taco Bake Casserole Cucumber, Tomato & Onion Salad Vegetable Tortilla Fruit	12/5 Beef Green Chile Stew & Pinto Beans Cucumbers Tortillas Fruit	12/6 Chile Relleno Vegetable Coleslaw Tortillas Peaches & Cottage Cheese
12/9 Chicken Pozole Cabbage & Lemon Tortillas Fruit	12/10 Ranch Chicken Casserole Carrot Raisin Salad Tortilla Fruit	12/11 Pork & Potatoes in Tomatillo Sauce Vegetable Tortillas Fruit	12/12 Bean Taco Soup Cucumbers Tortillas Fruit	12/13 <b>CLOSED</b> <b>STAFF TRAINING</b>
12/16 Black Bean Enchilada Casserole Vegetable Fruit	12/17 Mexican Beef Chili Coleslaw Tortillas Fruit	12/18 Chicken in Tomato Sauce Tossed Salad Vegetable Tortillas Fruit	12/19 Beef Tamale Casserole Vegetable Tossed Salad Peaches & Cottage Cheese	12/20 Chicken Tacos Lettuce & Tomatoes JoJos Tortillas Fruit
12/23 Mexican Chicken Lasagna Vegetables Tossed Salad Fruit	12/24 Chicken Tamales Vegetable Tossed Salad Fruit Apple Pie	12/25 <b>CLOSED</b> 	12/26 Sweet Potato & Black Bean Chili Vegetable Rice Tortilla Fruit	12/27 Beef Chili Relleno Casserole Tossed Salad Tortillas Fruit
12/30 Chicken Tortilla Soup Tossed Salad Tortillas Fruit	12/31 Pork Pozole Cabbage & Lemon Tortillas Fruit			

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